

2026 Hanover Cyclers Labor Day Century Risk Management Plan

Preamble

Cycling can be a dangerous activity. However, good preparedness and awareness can minimize risks. The Hanover Cyclers 2026 Labor Day Century (LDC) will provide varying routes from approximately 25 to 100 miles. The Hanover Cyclers developed this Risk Management Plan to document how we manage the LDC ride to reduce risks associated with cycling activities. These policies apply and are to be practiced by all LDC riders, support staff and volunteers (from here on know as participants) involved in the LDC event. All participants share the responsibility for making the LDC as safe as possible.

The Hanover Cyclers 2026 LDC Risk Management Plan will be posted on the club's website (www.hanovercyclers.org) and a copy will be available at the event.

Insurance

Participants should have personal medical insurance and carry their insurance information with them at all times during the LDC. The Hanover Cyclers 2026 LDC organization carries general liability insurance. However, this is not personal injury or medical insurance for LDC participants.

Standards of Care

All LDC participants will adhere to the following.

When utilizing the 2026 LDC routes, all riders, support staff and volunteers will follow the directions of the Event Director, police officers, highway department officials or other responsible persons (e.g. fire, ambulance, etc.).

General

All 2026 LDC riders are required to wear a helmet certified by CPSC, ASTM, ANSI or SNELL whenever they are on their bicycles participating in the LDC.

All riders are responsible to ensure their bicycles are in good working order.

Each participant shall conduct themselves in a responsible, safe and prudent manner and retains liability for their own actions.

Every participant, without exception, must obey all traffic laws, including stopping at all stop signs and signals.

Riders shall stay to the right of the road as conditions permit and ride single file wherever prudent (e.g. motor vehicle traffic is present.)

Hanover Cyclers recommend all participants carry cell phones. In the event of an emergency, participants should immediately call 911. Participants should then contact the Ride Director per the telephone numbers on the turn-by-turn directions (cue sheets) provided at check in or electronically. Hanover Cyclers recognize cell phone service may not be available in all areas along the routes.

All support staff or volunteers driving a vehicle will obey all traffic laws and shall maintain insurance in accordance with their state of vehicle registration and shall wear seat belts at all times.

Support staff and volunteers shall not use cell phones for conversations or texting while driving. If cell phone use is necessary, the driver must pull off the road and stop the vehicle for the duration of the conversation or text.

Riders shall not use cell phones for conversations or texting while riding their bicycle. If cell phone use is necessary, the rider must pull off the road for the duration of the conversation or text.

Riders Responsibilities

Although the 2026 LDC organizers will provide rest stops with some water and food along each route, LDC riders are responsible for food, water, repair of their bicycles, and all support matters.

Hanover Cyclers highly recommends all riders use front and rear lights in order to be more easily seen.

Participants must not be under the influence of drugs or alcohol while participating in the LDC.

Routes

All the 2026 LDC ride routes utilize state, county, township, and local roads which carry light vehicle traffic whenever possible. Riders should expect some vehicle traffic and must obey all traffic laws. Riders should use caution when crossing major highways. Riders will be verbally reminded of this fact at the start of the ride. Approximate routes are attached. Detailed cue sheets will be available electronically at www.hanovercyclers.org and will be available in hard copy at the check-in table.

A member of the Hanover Cyclers will inspect and review the routes before the 2026 LDC.

A support or SAG vehicle will be available in case of a bicycle malfunction. Call the number for the Ride Director as listed on the cue sheets.

Wavier, Release and Consent

All riders are required to read, acknowledge, accept and sign the terms of condition form for participating in the 2026 LDC. Day of registrants will sign the form at the check-in table and pre-

registrants will sign electronically on BikeReg. Upon completion of the LDC, all riders must sign back-in at the check-in table to ensure accountability.

The terms and conditions, in part, require riders to acknowledge and take responsibility for the risks associated with riding a bicycle on the road with other road users including motor vehicles.

[Links to the LDC routes can be found here!](#)